

# A Client's Journey

The journey of a client from start to finish



**THE HEALING PLACE**

1000 Medical Center Dr.  
Wilmington, NC  
28401

## Non Medical Detox (5-7 days)

- Social setting detox
- Admissions open 24/7

## Motivational Track 1 (MT1, ~6-8 weeks)

- Begin trudging to and from class (sober 180 curriculum)

## Phase (~3 months)

- Clients attend community meetings three times a week to claim their issues and behaviors. Peers create learning experiences consisting of writings and actions. Peers come from a place of love, accountability, and concern—to guide each individual's growth and change.

## Safe Haven (2 weeks)

- Property restrictions for 2 weeks
- Begin getting an idea of the schedule, attending recovery classes and meetings

## Motivational Track 2 (MT2, ~2 weeks)

- Begin job functions on campus
  - i.e kitchen or house keeping

## Peer Mentor (~3 months)

- At this stage of the program, clients receive a stipend and begin managing a caseload. Having completed the 12 steps, they now give back by teaching classes and guiding their peers through the recovery program.



[www.thpnc.org](http://www.thpnc.org)



[info@thpnc.org](mailto:info@thpnc.org)

\*\*Length of stay is approximate, with clients progressing through each phase according to their motivation.